OVERCOME THE EFFECTS OF LAZINESS AND NEGATIVE ATTITUDE TO WORK AND LIFE

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Introduction

Life is full of works. To be successful in every work you need the right positive attitude. There are many books on attitude, which include: "Attitude is everything" by Jeff Keller, and the same title was also published by Keith Harrell. Similarly, Roger Fritz has published a book on "The power of a positive attitude: discovering the key to success". Laziness is counterproductive to discipline lifestyle and its consequences are known by the less to no positive impactful work output in the society by a person in his lifetime on earth (Lamentation 3:27; John 9:4,5). Nils Salzgeber has published a book on "A simple guide to hacking laziness, building self discipline, and overcoming procrastination".

Laziness is an act of slothfulness, procrastination, and excusatory. Negative attitude is any stance, behavior, demeanor, poise, conduct, or body language that indicates, presents or shows defeatism, negativism, cynicism, hopelessness, pessimistic, hostility, antagonistic, conflicting, contentious unfriendly, antipathetic, adversarial, inhospitable, unsympathetic, inimical, malicious, biased, prejudiced, belligerent, carelessness, pugnacious, bellicose, miserable, malignant, bitter, virulent, acrimonious, opprobrious, impertinent, rancorous, ill-mannered, despiteful or ill-bred.

From USA to Russia, studies have shown that there was no clear and significant relationship between the students' attitudes toward academic setting and academic success, and that there was a negative correlation between the level of academic procrastination and students' academic performance (Kinniard, 2010; Dautov, 2020). The absolute inference that I proposed from these researches is that: academic procrastination is not an academic problem, laziness is not a legal issue and negative attitude is not a natural aptitude.

Three perspectives will be examined in this counseling.

1. Three Consequences of Laziness and Loathsome Attitude in Life

i. Lasciviousness and misery

Proverbs 14:23, 19:15,24, 31:7; Romans 3:16; Ephesians 4:19.

ii. **Lowness and miscreant**

Proverbs 22:29; 18:9; Ecclesiastes 10:18; 1 Timothy 5:13.

iii. Layoff and meaninglessness

Proverbs 12:24, 21:25; Ecclesiastes 3:1-2; Matthew 25:1-12.

2. Three Causes of Slothfulness and Silly Attitude in Society

i. Stress and solicitude (or anxiety)

Ezekiel 38:10; Psalm 10:4; Matthew 6:34.

ii. Shallowness and schizophrenia (or antisocial personality disorder)

Ecclesiastes 5:12; Proverbs 6:9, 26:16; Matthew 25:26; Daniel 5:27; Isaiah 8:20, 66:4; 2 Thessalonians 2:11.

iii. **Sin and spiritual-sickness (or affliction)**

Proverbs 28:13; 24:9; 1 John 3:8; Matthew 17:18; Luke 4:33-35, John 13:2.

3. Three Cures for Excuses and Expulsive Attitude on Earth

i. Examine your self and surrounding

2 Timothy 2:26; Proverbs 11:31,13:20; 2 Corinthians 13:5; Psalm 119:59,113,115, 139:23; Isaiah 6:5, 55:7; Lamentation 3:40,41; James 1:5; Hebrew 4:12, Joshua 1:8.

ii. Exchange your sighting mindset with subconscious mastery

Mark 11:23; 2 Corinthians 4:18, 10:4,5; Philippians 2:5; Daniel 2:19-22; Hebrews 11:27, 12:1,2.

iii. Explore your senses and systems for stardom in the Saviour

You need to John 15:1-7; Daniel 11:32, 12:3; 1 Corinthians 15:10, 19; Romans 12:11; 2 Peter 1:5-11, 3:18.

Conclusion: I Samuel 18:14; Psalms 101:2; Proverbs 12:28.

References

Dautov D., (2020). Procrastination and laziness rates among students with different academic performance as an organizational problem. E3S Web of Conferences, 210, 18078.

Kinniard J., (2010). Does attitudes impact academic achievement?" College of Education: Ohio University, 5(4): 1-33.